## BEFORE THE OFFICE OF ADMINISTRATIVE HEARINGS STATE OF CALIFORNIA

In the Matter of:

Emiliano G.,

OAH No. 2012020298

Claimant,

V.

Inland Regional Center,

Service Agency.

# DECISION

Mary Agnes Matyszewski, Administrative Law Judge, Office of Administrative

Hearings, State of California, heard this matter in San Bernardino, California, on March 8, 2012.

The Inland Regional Center (IRC) was represented by Leigh-Ann Pierce, Consumer Services Representative, Fair Hearings and Legal Appeals.

Emiliano G. (claimant) was represented by his mother, Tanya G. Claimant's father, Leonardo G., was also present at the hearing.

Oral and documentary evidence was received and the matter was submitted on March 8, 2012.

## ISSUE

Is claimant eligible for regional center services under the Lanterman Act as a result of autism, mental retardation, or a condition closely related to mental retardation or requiring treatment similar to that required for a mentally retarded individual, which constitutes a substantial handicap?

## FACTUAL FINDINGS

## JURISDICTIONAL MATTERS

1. On January 9, 2012, IRC notified claimant, who was enrolled in the Early Start Program, that he was not eligible for regional center services under the Lanterman Act because he did not have one of the five qualifying diagnoses.

2. On January 20, 2012, claimant filed a Fair Hearing Request appealing IRC's determination that he was ineligible for regional center services and requested that he receive services past the age of three under a diagnosis of autism.<sup>1</sup>

## DIAGNOSTIC CRITERIA FOR AUTISM

3. The American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR) sets forth the criteria for the diagnosis of autism. As noted in that text, "Pervasive Developmental Disorders are characterized by severe and pervasive impairment in several areas of development reciprocal social interaction skills, communication skills, or the presence of stereotyped behavior, interests and activities." The group of disorders identified as Pervasive Developmental Disorders are Autistic Disorder, Rett's Disorder, Childhood Disintegrative Disorder, Asperger's Disorder, and Pervasive Developmental Disorder-Not Otherwise Specified. The DSM-IV-TR notes that, "The essential features of Autistic Disorder are the presence of markedly abnormal or impaired development in social interaction and communication and a markedly restricted repertoire of activities and interests." An individual must have a DSM-IV-TR diagnosis of "Autistic Disorder" to qualify for regional center services.

<sup>&</sup>lt;sup>1</sup> Even though claimant's appeal only referenced autism, IRC evaluated claimant for eligibility under the qualifying diagnoses of mental retardation, 5th category and autism.

The DSM-IV-TR diagnostic criteria for "Autistic Disorder" are:

- "A. A total of six (or more) items from (1), (2), and (3), with at least two from (1) and one each from (2) and (3)
- 1. qualitative impairment in social interaction, as manifested by at least two of the following:
- a. marked impairments in the use of multiple nonverbal behaviors such as eye-toeye gaze, facial expression, body posture, and gestures to regulate social interaction
- b. failure to develop peer relationships appropriate to developmental level
- c. a lack of spontaneous seeking to share enjoyment, interests, or achievements with other people, (e.g., by a lack of showing, bringing, or pointing out objects of interest)
- d. lack of social or emotional reciprocity
- 2. qualitative impairments in communication as manifested by at least one of the following:
- a. delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
- b. in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
- c. stereotyped and repetitive use of language or idiosyncratic language;
- d. lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level;
- 3. restricted repetitive and stereotyped patterns of behavior, interests and activities, as manifested by at least two of the following:
- a. encompassing preoccupation with one or more stereotyped and restricted patterns of interest that is abnormal either in intensity or focus

- b. apparently inflexible adherence to specific, nonfunctional routines or rituals
- c. stereotyped and repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
- d. persistent preoccupation with parts of objects.
- B. Delays or abnormal functioning in at least one of the following areas, with onset prior to age 3 years: (1) social interaction; (2) language as used in social communication; and (3) symbolic or imaginative play.
- C. The disturbance is not better accounted for by Rett's Disorder or Childhood Disintegrative Disorder."

#### DIAGNOSTIC CRITERIA FOR MENTAL RETARDATION

4. The DSM-IV-TR also contains the diagnostic criteria used for mental retardation and learning disorders. The DSM-IV-TR provides that, "The essential feature of mental retardation is significantly subaverage intellectual functioning (Criterion A), that is accompanied by significant limitation in adaptive functioning in at least two of the following skill areas: communication, self-care, home living, social/interpersonal skills, use of community resources, self-direction, functional academic skills, work, leisure, health, and safety (Criterion B). The onset must be before the age of 18 years (Criterion C)." The DSM-IV-TR further notes that, "Significantly subaverage intellectual functioning is defined by IQ of about 70 or below..."

The DSM-IV-TR observed that with Learning Disorders "the development in a specific area (e.g. reading, expressive language) is impaired but there is no generalized impairment in intellectual development and adaptive functioning." Additionally, "Learning Disorders are characterized by academic functioning that is substantially below that expected given the person's chronological age, measured intelligence and age-appropriate education. The specific disorders identified as learning Disorders are Reading Disorder, Mathematics Disorder, Disorder of Written Expression, and Learning Disorder Not

Otherwise Specified."

THE "FIFTH CATEGORY"

5. Under the "fifth category" the Lanterman Act provides assistance to individuals with "disabling conditions found to be closely related to mental retardation or to require treatment similar to that required for mentally retarded individuals" but does "not include other handicapping conditions that are solely physical in nature."<sup>2</sup> Along with the other four qualifying conditions (cerebral palsy, epilepsy, autism, and mental retardation), a disability involving the fifth category must originate before an individual attains age 18 years of age, must continue or be expected to continue indefinitely, and must constitute a substantial disability.

The fifth category is not defined in the DSM-IV-TR. In *Mason v. Office of Administrative Hearings* (2001) 89 CalApp.4<sup>th</sup> 1119, 1129, the California Court of Appeal held that the fifth category was not unconstitutionally vague and set down a general standard: "The fifth category condition must be very similar to mental retardation, with many of the same, or close to the same, factors required in classifying a person as mentally retarded. Furthermore, the various additional factors required in designating an individual developmentally disabled and substantially handicapped must apply as well."

On March 16, 2002, in response to the *Mason* case, the Association of Regional Center Agencies (ARCA) approved the *Guidelines for Determining 5<sup>th</sup> Category Eligibility for the California Regional Centers* (Guidelines).<sup>3</sup> In those Guidelines, ARCA noted that eligibility for Regional Center services under the fifth category required a "determination as to whether an individual <u>functions in a manner that is similar to</u> that of a person with

<sup>3</sup> The ARCA guidelines have not gone through the formal scrutiny required to become a regulation.

<sup>&</sup>lt;sup>2</sup> Welfare and Institutions Code section 4512, subdivision (a).

mental retardation **OR** <u>requires treatment similar to</u> that required by individuals with mental retardation." (Emphasis in original.) The Guidelines stated that *Mason* clarified that the Legislative intent was to defer to the professionals of the Regional Center Eligibility Team to make the decision on eligibility after considering information obtained through the assessment process. The Guidelines listed the following factors to be considered when determining eligibility under the fifth category:

"I. Does the individual function in a manner that is similar to that of a person with mental retardation?

Mental retardation is defined in the DSM-IV<sup>4</sup> as "significantly subaverage general intellectual functioning . . . that is accompanied by significant limitations in adaptive functioning..."

General intellectual functioning is measured by assessment with one or more standardized tests. Significantly subaverage intellectual functioning is defined as an intelligence quotient (IQ) of 70 or below.

An individual can be considered to be functioning in a manner that is similar to a person with mental retardation if:

A. The general intellectual functioning is in the low borderline range of intelligence (I.Q. scores ranging from 70-74). Factors that the eligibility team should consider include:

<sup>&</sup>lt;sup>4</sup> The DSM-IV-TR definition is discussed in Factual Finding No. 4.

- Cognitive skills as defined in the California Code of regulations, Title 17, Section 54002: "... the ability of an individual to solve problems with insight, to adapt to new situations, to think abstractly and to profit from experience."
- 2. The higher an individual's IQ is above 70, then the less similar to a person with mental retardation is the individual likely to appear. For example, an individual with an IQ of 79 is more similar to a person with a low average intelligence and more dissimilar to a person with mild mental retardation.
- 3. As an individual's intelligence quotient rises above 70, it becomes increasingly essential for the eligibility team to demonstrate that:
- a. There are substantial adaptive deficits; and
- b. Such substantial adaptive deficits are clearly related to cognitive limitations.
- 4. Occasionally, an individual's Full Scale IQ is in the low borderline range (IQ 70-74) but there is a significant difference between cognitive skills. For example, the Verbal IQ may be significantly different than the Performance IQ. When the higher of these scores is in the low average range (IQ 85 or above), it is more difficult to describe the individual's general intellectual functioning as being similar to that of a person with mental retardation. In some cases, these individuals may be considered to function more like persons with learning disabilities than persons with mental retardation.
- 5. Borderline intellectual functioning needs to show stability over time. Young children may not yet demonstrate consistent rates and patterns of development. For this reason, eligibility for young children in the 5th category should be viewed with great caution.
- B. In addition to sub-average intellectual functioning, the person must also demonstrate significant deficits in *Adaptive* skills, including, but not limited to, communication, learning, self-care, mobility, self-direction, capacity for

independent living, and economic self-sufficiency. Factors that the eligibility team should consider include:

- Adaptive behavior deficits as established on the basis of clinical judgments supplemented by formal Adaptive Behavior Scales (e.g., Vineland ABS, AAMR-ABS) when necessary.
- Adaptive deficits are skill deficits related to intellectual limitations that are expressed by an inability to perform essential tasks within adaptive domains or by an inability to perform those tasks with adequate judgment.
- Skill deficits are not performance deficits due to factors such as physical limitations, psychiatric conditions, socio-cultural deprivation, poor motivation, substance abuse, or limited experience.
- II. Does the person require treatment similar to that required by an individual who has mental retardation?

In determining whether an individual requires "treatment similar to that required for mentally retarded individuals," the team should consider *the nature of training and intervention* that is most appropriate for the individual who has global cognitive deficits. The eligibility team should consider the following to determine whether the individual requires treatment similar to that required by an individual who has mental retardation.

- A. Individuals demonstrating *performance based deficits* often need treatment to increase motivation rather than training to develop skills.
- B. Individuals with *skill deficits* secondary to socio-cultural deprivation but not secondary to intellectual limitations need short term, remedial training, which is not similar to that required by persons with mental retardation.

- C. Persons requiring *habilitation* may be eligible, but persons requiring *rehabilitation* are not typically eligible as the term rehabilitation implies recovery of previously acquired skills; however, persons requiring rehabilitation may be eligible if the disease is acquired before age 18 and is a result of traumatic brain injury or disease.
- D. Individuals who require *long term training* with steps broken down into small discrete units taught through repetition may be eligible.
- E. The eligibility team may consider the intensity and type of *educational supports* needed to assist children with learning. Generally, children with mental retardation need more supports, with modifications across many skill areas.
- III. Is the individual substantially handicapped based upon the statewide definition of Substantial Disability/Handicapped?

The W&I Code (Section 4512) defines *Developmental Disability* as a disability which originates before an individual attains the age of 18, continues, or can be expected to continue, indefinitely, and constitutes a *substantial disability* for that individual. The CCR, Title 17 (Section 54001) defines *substantial handicap* as:

a) Substantial handicap means a condition which results in major impairment of cognitive and/or social functioning. Moreover, a substantial handicap represents a condition of sufficient impairment to require interdisciplinary planning and coordination of special or generic services to assist the individual in achieving maximum potential.

- b) Since an individual's cognitive and/or social functioning is many-faceted, the existence of a major impairment shall be determined through an assessment which shall address aspects of functioning including, but not limited to:
- 1) Communication skills;
- 2) Learning;
- 3) Self-care;
- 4) Mobility;
- 5) Self-direction;
- 6) Capacity for independent living;
- 7) Economic self-sufficiency.
- c) The assessment shall be made by a group of Regional Center professionals of differing disciplines and shall include consideration of similar qualification appraisals performed by other interdisciplinary bodies serving the potential consumer. The group shall include as a minimum, a program coordinator, a physician, and a psychologist.
- d) The Regional Center professional group shall consult the potential consumer, parents, guardians, conservators, educators, advocates, and other consumer representatives to the extent that they are willing and available to participate in its deliberation and to the extent that the appropriate consent is obtained.

Regional Centers should use criteria of three or more limitations in the seven major life activities as used in the federal definition for Developmental Disability . . . .

IV. Did the disability originate before age 18 and is it likely to continue indefinitely?

The eligibility team should provide an opinion regarding the person's degree of impairment in the adaptive functioning domains, identifying skill deficits due to cognitive limitations and considering performance deficits due to factors such as physical limitations, psychiatric conditions, socio-cultural deprivation, poor motivation, substance abuse, or limited experience. Additional information, such as that obtained by a home visit, school or day program observation, or additional testing may be required to make this determination."

#### **EVIDENCE PRESENTED AT HEARING**

6. Claimant, now three years old, was enrolled in IRC's Early Start Program because of his delays as an infant.

7. Beverly Chang, IRC Clinical Service Manager, testified that the goal of Early Start is to capture children at an early enough age, provide them with needed services, and thereby eliminate the need for them to receive Lanterman Act services. She testified about the differences between Early Start and Lanterman Act eligibility, explaining that eligibility for Early Start does not automatically result in eligibility for Lanterman Act services. In order to receive Lanterman Act services, a claimant must have one of the five qualifying diagnoses.

8. Paul Greenwald, Ph.D., IRC Staff Psychologist, performed a psychological assessment on December 27, 2011, when claimant was two years and 10 months old. Dr. Greenwald administered several tests to determine claimant's cognitive abilities and evaluate him for autism. Dr. Greenwald found delays in receptive/expressive language, limited visual sensory integration/modulation, stereotyped hand movements and repetitive behavior. Claimant presented as enthusiastic, friendly, and mildly distractible to visual

stimulation, but he had limited language. However, nothing on any of the testing demonstrated that claimant met the criteria for eligibility for regional center services. His cognitive functioning was in the low average to average range and his scores on the autism tests administered did not meet the cutoff criteria. Dr. Greenwald diagnosed claimant with Pervasive Developmental Disorder, Not Otherwise Specified (PDD-NOS). He recommended speech/language therapy and occupational therapy.

9. Dr. Greenwald testified consistent with his report. He explained that the law requires that an individual have a DSM-IV diagnosis of autism in order to qualify for regional center services. A PDD-NOS diagnosis is insufficient to meet eligibility requirements as are other diagnoses contained in the Autism Spectrum Disorder. Dr. Greenwald described claimant as too dynamic and socially interactive to qualify for an autism diagnosis. He also testified that his testing demonstrated that claimant is not mentally retarded.

10. Claimant's school psychologist performed a psychoeducational evaluation of claimant on January 18, 2012. While she did administer a few different tests than Dr. Greenwald, and some of her test scores were different than his, essentially her conclusions were the same. Claimant was not mentally retarded and he did not have autism. She concluded that the assessment results suggest that claimant's "overall learning efficiency is within the low average/borderline range." She opined that the results "may be a low estimate of his potential ability due to noncompliance, inattention, limited interest in testing materials, and/or a lack of verbal comprehension."

11. Claimant's parents testified about the tremendous improvements observed in claimant because of the Early Start services he received. Claimant's mother questioned why anyone would want to cease services that were working and requested they remain in place until age five in order to give her son a chance to improve. While her position was certainly understandable, the Early Start program terminates at age three and individuals must demonstrate one of the five Lanterman Act developmental delays in order to be

12

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eligible for regional center services. Claimant's mother testified that on some tests her son does well, on others he does not, and admitted that test scores can vary depending on his mood. This would suggest that when he is in a good mood, like with Dr. Greenwald, he performs more at his cognitive level, as the school psychologist suggested. However, even when not in a good mood, none of claimant's scores demonstrated mental retardation or autism.

12. Claimant introduced a letter from his teacher and documents from his other therapists documenting his issues and progress. However, those documents were insufficient to establish eligibility.

13. Claimant's Individualized Education Program (IEP) demonstrated that he was eligible for services with a primary disability of autistic-like behavior and a secondary disability of speech or language disorder. Nothing in the school records supported a diagnosis of mental retardation or autism. Moreover, a school providing services to a student under an autistic-like disability is insufficient to establish eligibility for regional center services. Schools are governed by California Code of Regulations, Title 5 and regional centers are governed by California Code of Regulations, Title 17 eligibility requirements for services are much more stringent than those of Title 5.

## LEGAL CONCLUSIONS

### BURDEN OF PROOF

1. In a proceeding to determine eligibility, the burden of proof is on the claimant to establish he or she meets the eligibility criteria. The standard is a preponderance of the evidence. (Evid. Code, § 115.)

#### **STATUTORY AUTHORITY**

2. The Lanterman Act is set forth at Welfare and Institutions Code section 4500 et seq.

13

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3. Welfare and Institutions Code section 4501 states:

"The State of California accepts a responsibility for persons with developmental disabilities and an obligation to them which it must discharge. Affecting hundreds of thousands of children and adults directly, and having an important impact on the lives of their families, neighbors and whole communities, developmental disabilities present social, medical, economic, and legal problems of extreme importance . . .

An array of services and supports should be established which is sufficiently complete to meet the needs and choices of each person with developmental disabilities, regardless of age or degree of disability, and at each stage of life and to support their integration into the mainstream life of the community. To the maximum extent feasible, services and supports should be available throughout the state to prevent the dislocation of persons with developmental disabilities from their home communities."

4. Welfare and Institutions Code section 4512, subdivision (a) defines "developmental disability" as follows:

> "Developmental disability' means a disability which originates before an individual attains age 18, continues, or can be expected to continue indefinitely, and constitutes a substantial disability for that individual. As defined by the Director of Developmental Services, in consultation with the

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Superintendent of Public Instruction, this term shall include mental retardation, cerebral palsy, epilepsy, and autism. This term shall also include disabling conditions found to be closely related to mental retardation or to require treatment similar to that required for mentally retarded individuals, but shall not include other handicapping conditions that are solely physical in nature."

- 5. California Code of Regulations, title 17, section 54000 provides:
- "(a) 'Developmental Disability' means a disability that is attributable to mental retardation, cerebral palsy, epilepsy, autism, or disabling conditions found to be closely related to mental retardation or to require treatment similar to that required for individuals with mental retardation.
- (b) The Developmental Disability shall:
- (1) Originate before age eighteen;
- (2) Be likely to continue indefinitely;
- (3) Constitute a substantial disability for the individual as defined in the article.
- (c) Developmental Disability shall not include handicapping conditions that are:
- (1) Solely psychiatric disorders where there is impaired intellectual or social functioning which originated as a result of the psychiatric disorder or treatment given for such a disorder. Such psychiatric disorders include psycho-social deprivation and/or psychosis, severe neurosis or personality disorders even where social and intellectual functioning have become seriously impaired as an integral manifestation of the disorder.
- (2) Solely learning disabilities. A learning disability is a condition which manifests as a significant discrepancy between estimated cognitive potential and actual level of educational performance and which is not a result of generalized

mental retardation, educational or psycho-social deprivation, psychiatric disorder, or sensory loss.

- (3) Solely physical in nature. These conditions include congenital anomalies or conditions acquired through disease, accident, or faulty development which are not associated with a neurological impairment that results in a need for treatment similar to that required for mental retardation."
- 6. California Code of Regulations, title 17, section 54001 provides:
- "(a) 'Substantial disability' means:
- (1) A condition which results in major impairment of cognitive and/or social functioning, representing sufficient impairment to require interdisciplinary planning and coordination of special or generic services to assist the individual in achieving maximum potential; and
- (2) The existence of significant functional limitations, as determined by the regional center, in three or more of the following areas of major life activity, as appropriate to the person's age:
- (A) Receptive and expressive language;
- (B) Learning;
- (C) Self-care;
- (D) Mobility;
- (E) Self-direction;
- (F) Capacity for independent living;
- (G) Economic self-sufficiency.
- (b) The assessment of substantial disability shall be made by a group of Regional Center professionals of differing disciplines and shall include consideration of similar qualification appraisals performed by other interdisciplinary bodies of the Department serving the potential client. The group shall include as a minimum a program coordinator, a physician, and a psychologist.

- (c) The Regional Center professional group shall consult the potential client, parents, guardians/conservators, educators, advocates, and other client representatives to the extent that they are willing and available to participate in its deliberations and to the extent that the appropriate consent is obtained.
- (d) Any reassessment of substantial disability for purposes of continuing eligibility shall utilize the same criteria under which the individual was originally made eligible."

#### **APPELLATE AUTHORITY**

7. The purpose of the Lanterman Act is to provide a "pattern of facilities and services . . . sufficiently complete to meet the needs of each person with developmental disabilities, regardless of age or degree of handicap, and at each stage of life." (Welfare and Institutions Code section 4501; *Association of Retarded Citizens v. Department of Developmental Services* (1985) 38 Cal.3d 384, 388.)

8. The Lanterman Act enumerates legal rights of persons with developmental disabilities. A network of 21 regional centers is responsible for determining eligibility, assessing needs and coordinating and delivering direct services to individuals with developmental disabilities and their families within a defined geographical area. Designed on a service coordination model, the purpose of the regional centers is to "assist persons with developmental disabilities and their families in securing those services and supports which maximize opportunities and choices for living, working, learning, and recreating in the community." The Department of Developmental Services allocates funds to the centers for operations and the purchasing of services, including funding to purchase community-based services and supports. (*Capitol People First v. Department of Developmental Services* (2007) 155 Cal.App.4th 676, 682-683.)

#### **EVALUATION**

9. The Lanterman Act and the applicable regulations set forth criteria that a claimant must meet in order to qualify for regional center services. None of the documents introduced in this hearing demonstrated that claimant had a diagnosis of autism, mental retardation, or a condition similar to mental retardation requiring similar treatment. The burden was on claimant to establish his eligibility for regional center services. Claimant introduced no evidence demonstrating that he was eligible to receive regional center services.

## ORDER

Claimant Emiliano G.'s appeal from the Inland Regional Center's determination that he is not eligible for regional center services and supports is denied. Claimant is ineligible for regional center services and supports under the Lanterman Developmental Disabilities Services Act.

DATED: March 14, 2012

\_/s/\_\_\_\_\_

MARY AGNES MATYSZEWSKI Administrative Law Judge Office of Administrative Hearings

## NOTICE

This is the final administrative decision. Both parties are bound by this decision. Either party may appeal this decision to a court of competent jurisdiction within ninety days.